

# JED JAMES, MA, LPCC

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## EDUCATION:

WEBSTER UNIVERSITY, ALBUQUERQUE, NM 2003  
*MA Counseling*

University of NH, Durham, NH 1991  
*BA English*

## SPECIALTIES:

### *Populations*

- **LGBTQIA+**
- **Individual work with young adults, middle-aged adults, and seniors**
- **Persons with SPMI diagnoses, including Borderline Personality Disorder**
- **Family and Individual work with your or adults exploring gender / identity emergence**

### *Conditions*

- **Gender Identity / Emergence**
- **SPMI**
- **BPD**
- **Anxiety**
- **Depression**
- **ADHD**
- **Issues of Grief and Loss**
- **Autism Spectrum Disorder**

## EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2019 – Present  
**Mental Health Therapist**

HENNEPIN COUNTY COPE MENTAL HEALTH CRISIS TEAM , MPLS, MN 2018 – 2019  
**Senior Psychiatric Social Worker**

### *Clients: Adults*

- Provided mental health assessments and interventions to persons of all ages and backgrounds who were experiencing crises.
- Identified and connected people to resources that would help them toward recovery.

TOUCHSTONE MENTAL HEALTH 2015 – 2018  
**Supervisor, Housing Innovations and Project Community Success**

### *Clients: Adults with Serious, Persistent Mental Illness (SPMI) diagnoses*

- Supervised a team of Independent Living Skills (ILS) providers and an RN who provided person-centered, in-home services to persons living with SPMI.
- Oversaw a program which helped persons living with SPMI to locate, secure and maintain affordable housing.

**Care Guide and Targeted Case Manager**

*Clients: Adults with SPMI diagnoses*

- Provided emotional support, skills coaching and practical assistance to persons enrolled in the Hennepin Health program

GUILD, INCORPORATED

2013 – 2015

**Employment Specialist, Dakota County ACT team**

*Clients: Adults with SPMI diagnoses*

- As part of a multi-disciplinary team, provided clients with emotional support, practical assistance, skills coaching and crisis intervention
- Worked one on one with clients on searching for, securing and maintaining employment

COMMUNITY OPTIONS

**Program Director, Fridley Intensive Residential Treatment Service**

2007 – 2013

*Clients: Adults with SPMI Diagnoses*

- Supervised a multi-disciplinary team which provided person-centered emotional support, skills-coaching and day-to-day assistance to adults living in an intensive, treatment-based group-home setting

RECLAIM+ LGBTQ YOUTH

2010 – 2011

**Intern and Volunteer**

*Clients: Youth with Gender Identity / Emergence Issues*

- Co-led support group for trans-identified, questioning and gender non-binary youth
- Co-led support group for families of youth questioning their gender, identifying as trans or identifying outside of the binary