

Mi Ki Leong, MS, LMFT

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EDUCATION:

ST. CLOUD STATE UNIVERSITY, St. Cloud, MN Master of Science in Marriage and Family Therapy	2014
BEMIDJI STATE UNIVERSITY, Bemidji, MN Bachelor of Science in Psychology	2006

SPECIALTIES:

Populations:

- **Adolescents, young adults**
- **Individuals, Couples, and Families from different backgrounds and cultures**

Conditions:

- **Relationship challenges**
- **Parenting Stress**
- **Life Transitions**
- **Grief and Loss**
- **Social Skills**
- **Cultural Issues**
- **Self-Esteem/Self-Worth**
- **Depression**
- **Anxiety**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Bloomington, MN November 2018- Present
Mental Health Therapist

HEADWAY EMOTIONAL HEALTH SERVICES, Richfield, MN September 2016-Present
Outpatient Therapist

Provide therapy to individuals, children, adolescents, couples and families
Diagnosed and treated a variety of mental health disorders, including depressive disorders, anxiety disorders, adjustment disorders, obsessive-compulsive and related disorders, trauma related disorders

DAVID HOY & ASSOCIATES, Golden Valley, MN September 2013-October 2016
Mental Health Practitioner

Provided CTSS in-home skills and therapy to children and families
Diagnosed and treated a variety of mental health disorders, including Generalized Anxiety Disorder, Major Depressive Disorder, Attention-Deficit and Hyperactivity Disorder, Adjustment Disorder, and other trauma related disorders.

SOUTH METRO HUMAN SERVICES, St. Paul, MN
Mental Health Counselor- Residential Support Services
Provided clinical services to adults with serious and persistent
mental illness (SPMI) in 15 group home settings

January 2016-August 2016

WALK-IN COUNSELING CENTER, Minneapolis, MN
Volunteer counselor
Provided therapy to individuals, and couples with depressive,
anxiety, impulse control, and trauma related disorders

March 2016- June 2016

SOUTH METRO HUMAN SERVICES, St. Paul, MN
Mental Health Practitioner – ARMHS
Provided in-home rehabilitative skills to adults with serious
and persistent mental illness (SPMI)

September 2014-January 2015