

NANCY TEMPLE, MA, LPCC

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EDUCATION:

UNIVERSITY OF COLORADO AT DENVER, DENVER, CO 2009
MA, Counseling Psychology Counseling Education

COLLEGE OF SAINT BENEDICT, ST. JOSEPH, MN 2002
BA, Psychology

SPECIALTIES:

Populations

- **Adults, Late-Adolescent (15-18)**
- **Individuals**
- **LGBT, Addiction**

Conditions

- **Anxiety**
- **Self-esteem**
- **Trauma/PTSD**
- **Grief**
- **Depression**
- **Substance abuse**
- **Stress Management**
- **Anger Management**
- **School issues**
- **Identity concerns**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2019 - Present
Mental Health Therapist

HEADWAY EMOTIONAL HEALTH SERVICES, Richfield, Minnesota 2016 - 2019
Mental Health Therapist

Adults, Adolescents, Couples

- Provided individual and couples therapy in an outpatient setting.
- Diagnosed and treated a variety of mental health disorders, including anxiety, illness anxiety disorder, panic disorder, disruptive mood dysregulation disorder, major depression, persistent depression, substance abuse, PTSD, bi-polar disorder, borderline personality disorder, oppositional defiant, ADHD, adjustment disorders and intermittent explosive disorder.

ARAPAHOE HOUSE, Lakewood, Colorado 2014 - 2016
Mental Health Therapist

Adults, Families, Couples

- Provided individual, group, couple and family therapy in a residential and outpatient setting for substance abuse treatment.
- Diagnosed and treated a variety of mental health disorders, including substance abuse, PTSD, bi-polar

disorder, anxiety, schizoaffective disorder, borderline personality, panic disorder, depression, ADHD, adjustment disorders, social phobia, agoraphobia, anorexia nervosa, bulimia nervosa and acute stress disorder.

SAFEHOUSE DENVER, Denver, Colorado

2013 - 2014

Mental Health Therapist

Adults, Individuals, Women

- Provided individual therapy in a women's residential setting for domestic abuse victims.
- Diagnosed and treated a variety of mental health disorders, including PTSD, acute stress disorder, depression, anxiety, substance abuse, panic disorder, adjustment disorder.