

SARAH KANE, MA, LPCC

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EDUCATION:

ARGOSY UNIVERSITY, Twin Cities 2015
Master of Clinical Psychology

METROPOLITAIN STATE UNIVERSITY, St. Paul 2012
B.S. Psychology

SPECIALTIES:

Populations

- **Teens (13-18), Young adults, Adults**
- **Individual, Couples and Families**

Conditions

- **Anxiety**
- **Depression**
- **Eating disorders**
- **Self-harm**
- **Trauma**
- **Personality disorders**

EXPERIENCE:

CATALYST MENTAL HEALTH, LLC, Minneapolis, Minnesota 2018 – Present
Mental Health Therapist

SCOTT COUNTY MENTAL HEALTH CENTER 2017 - 2018
Mental Health Therapist

Clients: School based therapist treating ages 8-18 and their families

- Provided individual and family therapy
- Diagnosed and treated a variety of mental health disorders including depression, anxiety, social anxiety, panic attacks, trauma, oppositional defiance disorder, self-harm, eating disorders, ADHD, autism, substance abuse

MINNESOTA MENTAL HEALTH CLINICS 2016-2017
ASTAT Therapist

Clients: Therapist treating ages 13-18 and their families

- Provided individual, group and family therapy
- Diagnosed and treated a variety of mental health disorders including depression, anxiety, social anxiety, trauma, oppositional defiance disorder, self-harm, substance abuse

MELROSE CENTER 2015-2017
Mental Health Practitioner

Clients: Mental Health Practitioner treating children, teens and adults

- Provided individual, group and family therapy
- Diagnosed and treated a variety of mental health disorders including eating disorders, depression,

anxiety, panic attacks, trauma, personality disorders, bipolar disorder, self-harm, substance abuse